

# HOME ALONE

C O N T R A C T

**I WANT TO HAVE FREEDOM** to stay home alone. My parents want to trust me to stay home alone.

In order to earn trust and earn freedom:

## **WE AGREE...**

- that I will keep a phone near me and answer it every time to insure that my parents can get a hold of me while they are gone.
- that if someone calls that is not my parent I will not tell them that I am home alone.
- that I will not post on social media that I am home alone.
- that I will work with my parents to decide the best way to respond if someone comes to the door while I am home alone.
- that I will learn the step by step process on what to do if I feel there is an emergency. This will be easy for me to do because my parents will write it out for me so I can refer to it.
- that I will not take medicine without calling my parents first while I am home alone.
- that I will decide with my parents whether or not I can go outside while my parents are away.
- that unless my parents have agreed to it, I will not have friends over while my parents are away.
- that I will not use illegal substances while my parents are away.
- that I will carry out whatever tasks or responsibilities my parents asked me to do while they are away first. Then I will relax and have fun.



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- that I will call and update my parents as much as they ask me to.
- that I will work out with my parents the best place in the house for me to hide if I feel like I am in danger.
- that I will contact a neighbor or friend for help if for some reason I can't get a hold of my parents in an emergency.

### **IF I MAKE THESE GREAT CHOICES...**

I earn more freedom, and my parents commit to trusting me to stay home alone more often. I also avoid arguments, lectures, and consequences that aren't fun at all.

### **IF I DON'T MAKE THESE GREAT CHOICES...**

I will face the consequences of staying home alone for an agreed upon amount of time.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

"Home Aloner" Signature \_\_\_\_\_ Date \_\_\_\_\_

